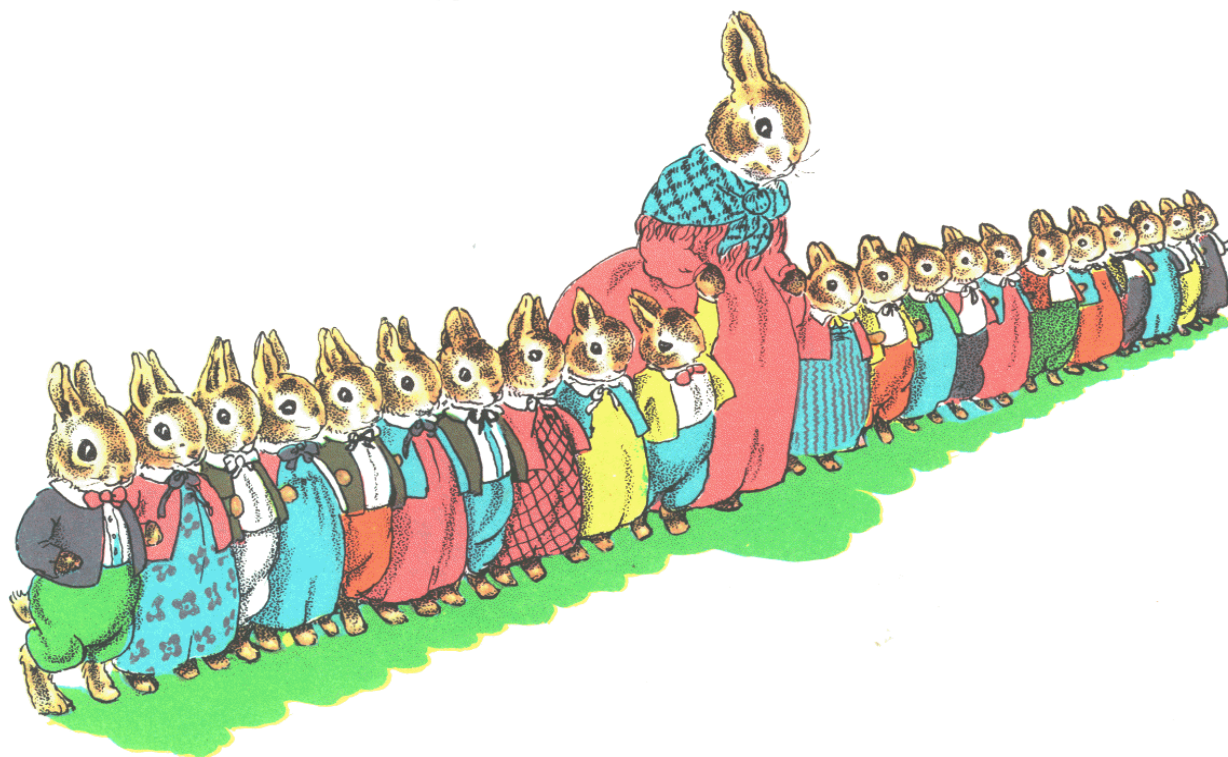


*The Country Bunny
Taught Me
All I Needed to Know*



Materials adapted from:

The Country Bunny and the Little Gold Shoes
By DuBose Heyward and Marjorie Hack

Is there a “HERO” in you?

Who is your “Hall of Fame”?

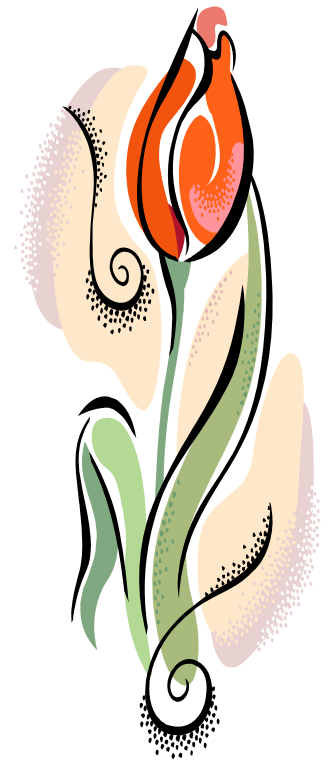
What traits do your “Heroes” possess?

- Which of these traits do you possess?

What Makes a Hero?

Who believed in you to help you reach a desire, goal or dream?

Everyone needs heroes, whether they are famous people or our next door neighbor, to help them grow and define who they are.



Lessons I learned from the County Bunny

Wisdom ~ Country Bunny demonstrates great wisdom in being a female, breaking through the rabbit “glass ceiling”, and raising 21 kids are her own. She succeeds in her career and family life *because*, not in spite of the fact, that she is a mother.

Someone to Believe in You ~ We all need someone to believe, champion and support us.

Kindness ~ Old Grandfather Bunny chooses the country bunny because of her kind and wise manner and the attention she gives to her children.

To Teach Responsibility ~ An ideal parent will teach a child to accept responsibility and do the job. Most often this will mean that we watch children failing at choices and learning from their “opportunities”. Teach them to fish and they will have fish all the days of their lives.

Courage ~ Being brave means moving forward even when we are afraid or alone.

Determination ~ Succeeding despite our “limitations.”

Reach for Your Dreams ~ It's the only way you ever catch them. Know what you want. Plan, find support, and keep on with the journey.

Never Give Up ~ Don't give up on the potential rewards!

Believe in Yourself ~ You can do it!

Give of Yourself ~ Every worthwhile life will involve a generous amount of giving.

We suffer losses, and bad things happen to good people. Life can be tough, and sometimes painful. Let us remember the stories of all those who show graciousness under fire, who find strength when they are exhausted, and who refuse meanness or retaliation even when they are hurt. May we be people who can be “so tired and so brave”!



You can make a difference for youth!



Assets that I can help develop in others:

1. Give support, love, care and attention. Provide affirmations and surround children with those who love them. Provide help to be successful.
2. Empower them with opportunities to make a difference in their families and communities. We all need the opportunities to make difference to others. Teach and provide service opportunities. Keep them safe.
3. Establish clear boundaries and have high expectations. Set and enforce clear, respectful boundaries and limits. Behave in healthy and responsible ways. Expect and help youth do their best.
4. Help them find activities that make constructive use of their time. People need to belong. Develop relationships and strong skills. Include such things as music, drama, arts, sports, and hobbies. Involvement in church or a religious community and time at home are all important activities.
5. Nurture in them a commitment to learning. Encourage and challenge them.
6. Instill Positive values to guide them. Positive values provide a positive guide for youth. Model positive values, discuss values and guide them into practicing values.
7. Help them develop life skills and social competencies. These are the life skills that young people need to be independent and capable. Expose them to new people and things.
8. Nurture, celebrate, and affirm their positive identity. A positive identity is the foundation that helps provide security. Provide unconditional love. Be optimistic and help them find meaning in their own lives.

Building positive assets will deter use of alcohol, drugs, tobacco and early sexual relations. Assets prevent suicide, violence, gambling, problems in school, and anti social behavior.